

Wellness Chiropractic
Keith Urban DC
1234 Country Lane
Nashville, TN 12345
Phone: 800-456-2622
Fax: 515-555-5556

5/5/2011

Lawyer
Mike Johnson

RE: Kristina Tiquet
DOB: 5/4/1977

Dear Dr. Mike Johnson,

Kristina Tiquet presented to our office for examination and treatment. At that time she complained of Lumbar Pain. Kristina reports her symptoms at moderate pain today. "1 Yr after having a baby, I was sent to have an MRI which came back with the DX of 3 herniated discs in my lumbar. Pain has continued for 8 years with on and off symptoms." The symptoms appear bilaterally in both areas of her lumbar described as dull ache, radiating pain and stabbing pain. Patient's expectations: reduce symptoms. Kristina rates the symptoms at 6 (0 being none and 10 being excruciating). Chiropractic therapy and sleep/rest continues to improve the symptoms. Additional Notes to the main paragraph.

Examination of the patient was performed using various neurological, orthopedic and chiropractic tests. X-rays were performed at this office.

My final diagnosis is Diagnosis: Cervical spondylitis (721.0), Cervical IVD calcification (722.91), Low back pain (724.2) and Injury to multiple nerves in pelvic girdle and lower limb (956.8) Updated DX codes Medicare 8-10..

Treatment consisted of Treatments Exam Results: CMT 1-2 Spinal Regions (98940)
Therapeutic activities (97530) were performed for 15 minutes
Physical Therapy Exercises (97110) for 8-10 minutes were performed

The patient has progressed moderately well under conservative care. 25 percent symptomatic relief has been attained.

Opinion/Conclusions:


At this point in time, I acknowledge and reiterate the claimant's indication of his subjective complaints as described above with his further indication that when Kristina Tiquet did receive chiropractic treatment Kristina Tiquet stated she felt extremely better but only for a 1-2 second period.

I note, however, that although subjective complaints are important to ascertain what an individual is purporting to be experiencing, recommendation for treatment, especially chiropractic type treatments, need to be predicated upon the presence of relevant objective examination findings. Eradication of complaints is certainly a goal of treatment and certainly, when recommending ongoing treatment there should be suggestion that the treatment has historically provided both objective and symptomatic benefit, and that the individual's clinical status is being reasonably improving, but treatment really needs to be directed at the objective findings, which are responsible for producing the subjective complaints.

At this time, Kristina Tiquet will return to our office for care on an as needed basis in the event of exacerbation or re-injury of subjective condition/s.

If you have questions about the opinions expressed in this report, please call.

Sincerely,

A handwritten signature in black ink that reads "Dr. K. A. Upton, D.C." The signature is written in a cursive style with a large, prominent 'U' and 'P'.